



TO UMINHO

WELCOME

ACADEMIC
YEAR

26
27

**A NEW YEAR. NEW CHALLENGES.
START THE YEAR SAFELY.**

1. GET TO KNOW THE CAMPUS

Familiarise yourself with the buildings, services and support facilities, as well as the routes and opening hours.

2. SAFETY AND PREVENTION

Be familiar with the emergency exits in buildings; Identify the meeting points for each building; In the event of an emergency alarm, stay calm and follow the safety instructions given.

3. FIRST AID AND CPR

Locate the first-aid kits and Automated External Defibrillators (AEDs) and, in the event of an emergency, call for help and clearly explain the situation (location and what has happened).

4. LABORATORY SAFETY

Complies with the rules and uses the specified Personal Protective Equipment (PPE), handles chemical and biological substances safely, and reports any incident (location and details) immediately.

5. HEALTH, WELL-BEING AND INCLUSION

Seek support whenever necessary and help to foster an environment of respect, inclusion, equality and non-discrimination.

6. RESPONSIBLE USE OF RESOURCES

It reduces water and energy consumption and helps to preserve trees, green spaces and facilities. It uses resources in a responsible and sustainable way.



 www.usgci-uminho.pt

In the event of an emergency, please contact us
via the UMinho internal emergency number

253 60 10 10



Action in line with the following
Sustainable Development Goals:

